



From Gen Z to GenAI:

The impact, opportunities and challenges of Generative AI for young Australians

May 2025



REPORT PREPARED BY:

The Insight Centre

Level 3/223 Liverpool St, Darlinghurst NSW 2010 info@theinsightcentre.com.au

Title: From Gen Z to GenAl:

The impact, opportunities

and challenges of Generative AI for

young Australians

Author: Dr Anna Denejkina Publisher: The Insight Centre URL: theinsightcentre.com.au ISBN: 978-1-7640947-0-2

Recommended citation: Denejkina, A. (2025). From Gen Z to GenAl: The impact, opportunities and challenges of Generative AI for young Australians, The Insight Centre, ISBN 978-1-7640947-0-2

The Insight Centre empowers for-purpose organisations with the evidence and insights to address Australia's current and future social, economic and public policy challenges.

We create meaningful impact through high quality research and research strategy. As a member of the Australian Data and Insights Association, we pride ourselves on our capacity to take an independent and evidence-led view of issues, with a firm commitment to the disciplines of organisational, social and market research, and the laws, codes and standards set for our industry. We are ethical and rigorous in our approach to data collection and the development of insights and recommendations.

Our research experts are trained across multiple social, market and organisational research methods and our policy specialists have worked across a wide range of economic and social policy areas. Our team brings a range of high-level professional experience in government, academia and the non-profit sector to our engagements, meaning our work is developed with strong corporate knowledge and a clear understanding of the relevant fields of play.



Scan the QR code to contact us or visit theinsightcentre.com.au.

ACKNOWLEDGMENT OF COUNTRY

The Insight Centre recognises the First Peoples of this Nation and their ongoing cultural and spiritual connections to the lands, waters, seas, skies, communities and knowledge.

We acknowledge the Traditional Owners of Country throughout Australia. We pay our respects to Elders past and present.

Contents

Executive summary	2
Introduction	2
Acknowledgments	2
Key insights	3
Who participated in this research?	4
Gen Z's use of Generative AI in 2025	5
Overall engagement and frequency of use	5
Tool preferences	6
How Gen Z uses GenAl	8
Overall types of use	8
Why Gen Z 'chats' with GenAl tools	9
When GenAl is used for plagiarism	10
Gen Z's skills and confidence in using GenAl	11
Skills in using GenAl	11
Confidence in using GenAl	12
How to build Gen Z's skills and confidence in using GenAl	13
Future-proofing education and careers with GenAl	14
Perceptions of GenAl and its impact on Gen Z	15
Overall views	15
Gen Zs share their positive and negative views of GenAl	16
GenAl advantages	17
GenAl disadvantages	18
The GenAl industry and gender equality	19
Gen Z views on GenAl's impact on creative work	20
GenAl and distribution of deepfakes	22
The impact of GenAl on future careers	23
Why Gen Zs are reconsidering their future study and careers	23
Gen Zs share how GenAl is reshaping their study and career pathways	24

Executive summary

Introduction

Generative AI (GenAI)'s influence has expanded dramatically, reshaping how we work and study, raising urgent questions about privacy and misinformation, widening access to skills development, enabling theft of creative work, and fuelling fears of job displacement.

In this report, we turn our attention to a group whose lives will be most shaped by this rapidly evolving technology: young Australians. Drawing on insights from 560 young people aged 14 to 27 across secondary school, university, and the workforce, we explore myriad ways in which GenAl is shaping their lives: how they use GenAl for work, study and leisure; how gender shapes their engagement; how they view its opportunities and risks; and how they view gender equality and inclusion within the GenAl sector.

Our 2025 findings show that Gen Z has embraced GenAl to a large extent. They value its convenience, its ability to boost productivity, and the new avenues it opens for skill-building. Yet major concerns loom large: the spread of misinformation and disinformation, the erosion of creative industries, and the rise of deepfakes. Worryingly, we are also seeing growing gender gaps in how Gen Z engages with GenAl and how they perceive their own skills and confidence. These disparities demand urgent attention.

We are deeply grateful to the 560 young people who generously shared their experiences and insights with us. You are at the heart of this research.

Acknowledgments

We extend our thanks and gratitude to the attendees and organisers of the 2024 Al in Education Conference, Teaching Tomorrow: Harnessing Al Tools Today, held at Western Sydney University. Your thoughtful questions about how students and young people use and think about GenAl played a valuable role in shaping the final survey for this research.

We thank Student Edge for providing the population sample for this study through their member panel.

Thank you to Dr Shanthi Robertson and Dr Emilie Baganz for their review and editing of this report, and to Fiona Pinney for the report design.

Key insights

- GenAl use is nearly universal among Gen Zs

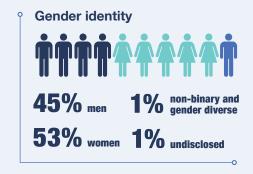
 90% of those surveyed have used GenAl
 tools. Usage rates are identical between men
 and women, with ChatGPT the favourite tool across
 all demographics.
- 2. Gen Z uses GenAl for a variety of reasons help with study and learning, to upskill, as a search engine, and for having general 'conversation' with tools like ChatGPT.

 Those who use GenAl for conversation are seeking a range of types of engagement from entertainment to emotional support and advice seeking.
- 3. Seven in 10 Gen Zs say that they have not and would not use GenAl to plagiarise on their school, TAFE, or university assessments. Just one in 10 say that they had used GenAl for this purpose and would do so again.
- 4. Gender identity plays a significant role in how Gen Zs perceive their own abilities and confidence in using GenAl. Men are significantly more likely than women to report feeling skilled and confident in using GenAl tools.
- 5. Though most Gen Zs have positive perceptions of GenAl, gender has a significant impact on their outlook. Men are more likely to have a positive view on GenAl tools and the GenAl industry overall compared to women.
- 6. Gen Z rates convenience, productivity, self-learning and skills development as the main advantages of Gen Al tools. Cheating, plagiarism, misinformation and disinformation, as well as lack of originality are their main concerns.

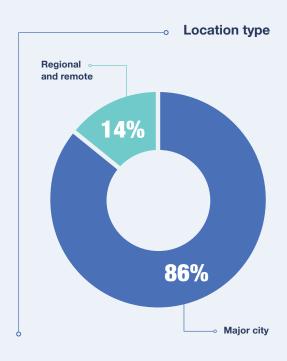
- 7. Gen Z has significant concerns about GenAl's impact on creative work, with women especially concerned. Seven in 10 worry about Australian creative work and journalism being used without the consent of creators to train GenAl, and half see it as a threat to creative industries. Concern is especially high among those interested in creative careers, with many believing GenAl is damaging the sector.
- 8. Four in five Gen Zs have significant concerns about the creation and distribution of deepfakes. Women and Gen Zs aged 18 to 21 have the highest rates of concern overall.
- 9. Almost one in three Gen Zs say that the impact of GenAl has led them to reconsider their current or future study and career prospects. Gen Zs are mainly reconsidering their study and career pathways due to fear of job displacement and are thinking about pivoting into technology to future proof their careers.
- 10. Though only around a third of Gen Zs feel skilled and confident in using GenAl, they have concrete ideas about what they need to improve their skills and confidence. This includes information and training on how to prompt GenAl more effectively, access to tutorials and hands-on experience, and information on the reliability and trustworthiness of GenAl.

Who participated in this research?

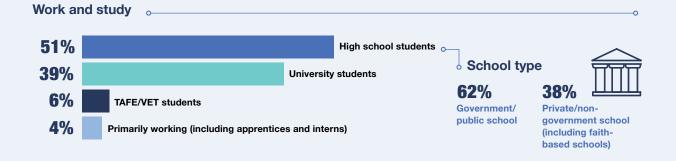










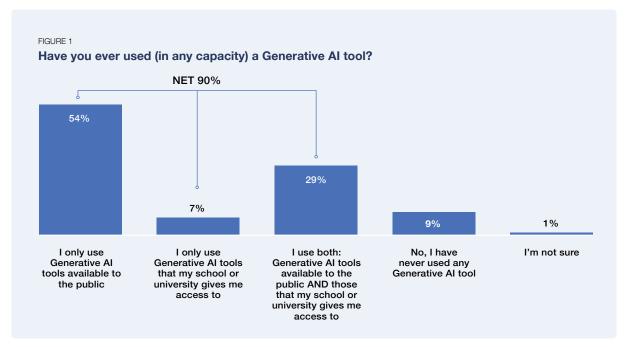


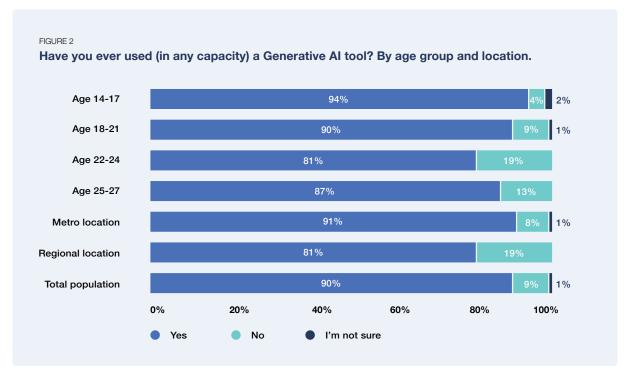
Gen Z's use of Generative AI in 2025

In 2025, GenAl use is almost universal among Gen Zs, with 90% saying they have used GenAl tools.

Overall engagement and frequency of use

- Of the nine in 10 (90%) Gen Zs who have used GenAl at the time of taking the survey, the majority (54%) say that they exclusively use public GenAl tools (like ChatGPT or Copilot). Around a third (29%) use a mix of public and private tools that are available to them through their education provider (like NSWEduChat), and around one in 20 (7%) say they exclusively use tools only available through their school or university. (Figure 1)
- Use of GenAl has reached gender parity, with equal rates of use among young men and women. However, location and age impact overall engagement.
- The youngest Gen Zs lead in use overall, with 94% of 14 to 17-year-olds using GenAl, while those living in metro locations are more likely to use GenAl overall (91% vs 81% regional). (Figure 2)
- Only 18% use GenAl tools on a daily basis, with the majority using it either weekly (39%), or monthly (40%). Men are the more frequent users of GenAl overall, with 64% using it at least once per week compared to 53% of young women. (Figure 4)

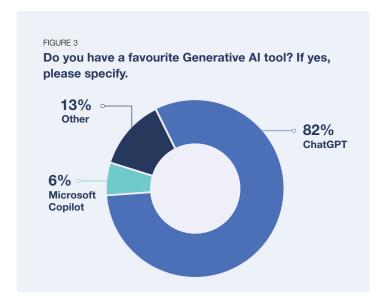




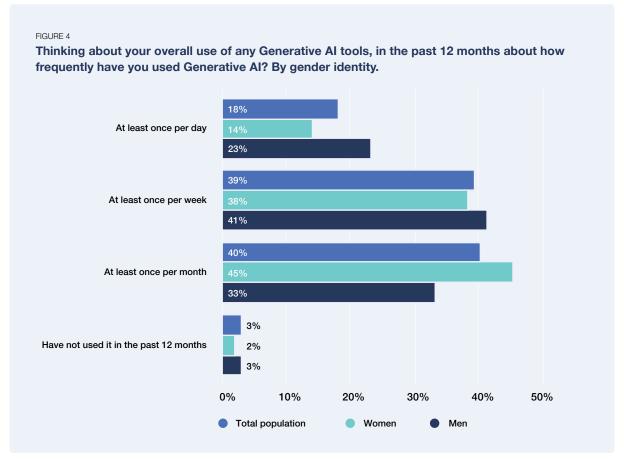
Base n=560

Tool preferences

For the three in five Gen Zs who have a favourite GenAl tool, ChatGPT is the favourite across all demographics. (Figure 3)



Base n=306



Base n=506

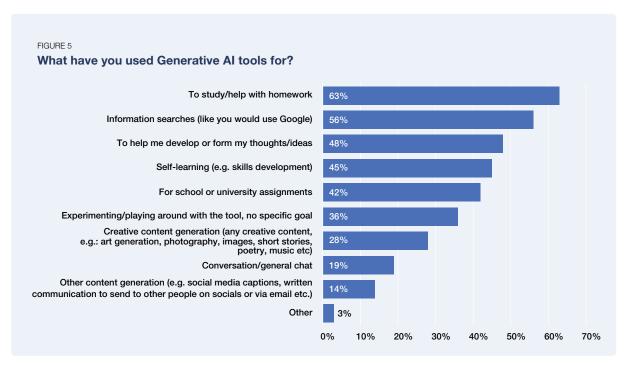


How Gen Z uses GenAl

Gen Z uses GenAl for a mix of reasons, including help with study and learning, to upskill, and for general 'chat' with GenAl tools.

Overall types of use

- GenAl is mainly used for study and help with homework (63%), information searches (i.e. used like Google search) (56%), and to help Gen Z develop or form their thoughts and ideas (48%). (Figure 5)
- The youngest Gen Zs lead in use for study and help with homework, with 74% of 14 to 17-year-olds using GenAl for this purpose.
- For almost one in two (45%), GenAl is also used for self-learning and upskilling beyond formal education - something men are more likely to do than women (54% vs 37% respectively), while one in five (19%) report using it for general 'chat' with the tools.



Why Gen Z 'chats' with GenAl tools

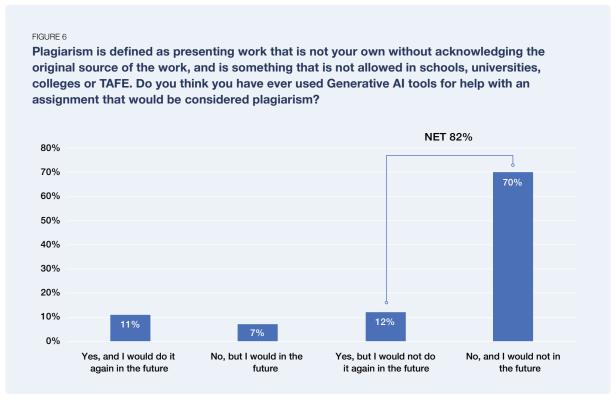
- For the one in five (19%) Gen Zs who use GenAl tools for general 'chat' and interaction, reasons for use range from entertainment to emotional support and advice seeking. This includes:
 - 1. Used for fun, curiosity, or entertainment: Gen Z uses GenAl tools out of boredom and curiosity, or for light-hearted fun. Some mention trying games/jokes or mimicking social media trends.
 - 2. Used for emotional support or companionship: Gen Z uses GenAl tools to talk to when they feel lonely or isolated. Some describe using GenAl to vent, reflect, or get support without fear of judgment.
- 3. Used for help or instant advice: Some Gen Zs view GenAl as an efficient source of advice on everyday decisions, life challenges, or social issues.
- 4. Used to practice or improve communication: For a minority, GenAl is used to help refine their writing, practice speaking or writing professionally, and improve their grammar.

- 66 I normally just talk with them when I get bored and ask it [about] situations from my life like whether I'm in the wrong etc. MAN, 16, **WESTERN AUSTRALIA**
- 66 I get bored and copy TikToks I've seen interacting with AI chats to see if they are fake or real. WOMAN, 17, WESTERN AUSTRALIA
- 66 It's fun to sometimes chat with AI when there's no other people around to talk to. WOMAN, 20, AUSTRALIAN CAPITAL TERRITORY
- 66 [I] ask questions about Netflix shows I'm watching, to explain topics or just in general ask for an analysis. Its more an informational conversation or to analyse situations. MAN, 21, QUEENSLAND
- [I chat with GenAl for help because] I am an awkward texter and don't know how to message. WOMAN, 21, QUEENSLAND
- [I] chat [with GenAl] like a friend because it is very witty. WOMAN, 22, WESTERN AUSTRALIA
- Sometimes I get really bored, and chat with Al too (like Snapchat Al, Meta Al etc) helps me kill the time and their response normally very interesting! WOMAN, 22, SOUTH AUSTRALIA

- [I] ask questions about something that I am stuck [on] and cannot figure out. WOMAN, 24, VICTORIA
- Sometimes when looking for a business idea or when I am thinking about a particular incident that I could use a second opinion on, I consult with Al. MAN, 24, WESTERN AUSTRALIA
- 66 I use it for general chat as I sometimes make my friends mad and need to apologise in helpful way. MAN, 24, SOUTH AUSTRALIA
- I was going through a hard time at work with some colleagues and felt at despair and wanted immediate clarity and someone to vent to that will not be biased on the situation and help me see things clearly. WOMAN, 26, VICTORIA
- [I use GenAl] to practice professional conversations. WOMAN, 26, NEW SOUTH WALES
- 66 [I chat with GenAl] when I'm alone and need someone to talk to. WOMAN, 27, VICTORIA

When GenAl is used for plagiarism

- Gen Z is overwhelmingly not using GenAl for plagiarism, but they are using it for general help with their school and university work.
- Of the Gen Z students who had used GenAl in any capacity, we asked if they had ever used these tools to plagiarise on their assessments. The majority (70%) reported that they had not and would not in the future. 11% reported that they had used GenAl to plagiarise and would do so again.
- Importantly, more than four in five (82%) Gen Z students reported that they would not use GenAl to plagiarise in the future regardless of how they have used these tools before. (Figure 6)

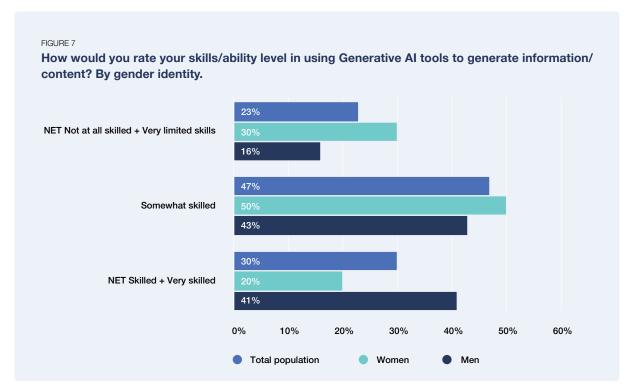


Gen Z's skills and confidence in using GenAl

Gender identity plays a significant role in how Gen Zs perceive their own abilities and confidence, with men more likely than women to report feeling skilled and confident in using GenAl.

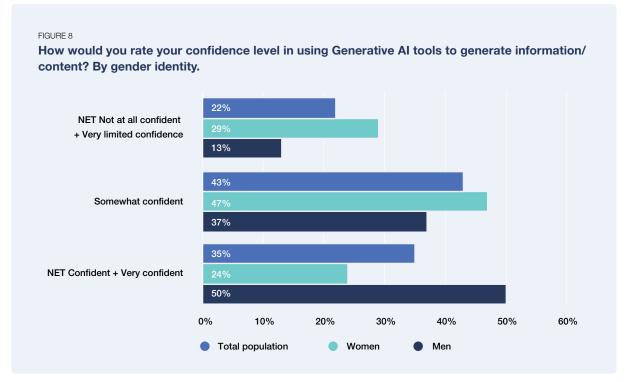
Skills in using GenAl

- Around one third (30%) of Gen Zs rated themselves as very skilled or skilled in using GenAl tools. (Figure 7)
- With only one in five women feeling skilled in using GenAl, men are more likely to have a positive outlook on their skill levels compared to women (41% vs 20% respectively).
- In contrast, women are more likely to rate themselves as unskilled compared to men (30% vs 16% respectively).
- Indicatively, high school students in private or non-government schools rate themselves as more skilled in using GenAl compared to students from government or public schools (42% vs 28% respectively).



Confidence in using GenAl

- Like self-perceived skill levels, gender identity also significantly impacts confidence in using GenAl.
- Men are twice as likely as women to feel confident or very confident in using GenAl tools (50% vs 24% respectively). In contrast, one third (29%) of women do not feel confident in using GenAl tools, compared to just one in 10 (13%) men.
- Overall confidence levels are higher than selfreported skill levels, with around a third (35%) of Gen Zs saying they feel confident in using GenAl tools. (Figure 8)



How to build Gen Z's skills and confidence in using GenAl

Of the Gen Zs who had used GenAl in any capacity, we asked what would make them feel more skilled and confident in using these tools. Their responses give guidance for education providers and workplaces about areas of focus to improve Gen Z's skills and confidence, and include:

1. Learning how to prompt and use GenAl effectively

Gen Zs want to improve their ability to use GenAl tools more effectively, specifically by learning how to write better prompts, understanding more about how GenAl works, and knowing what kinds of tasks it can help with.

- for me it's more just knowing what prompts to put in to get out what I fully want to get out. Also, sometimes chat GPT is wrong so that does not help my confidence. Improving that would be really the only thing the tech industry could do. MAN, 17, WESTERN AUSTRALIA
- Learning how to properly engineer prompts to generate better outputs would make me feel more skilled as it expands the ability of generative AI tools. MAN, 22, VICTORIA
- 66 I would like to know specific things that the Al would be skilled in helping me with, for example how it helps with notetaking, studying for assignments, etc. WOMAN, 20, VICTORIA

2. More tutorials, training, and hands-on practice

Gen Zs feel that tutorials, training sessions, classes, and simply more opportunities to practice using GenAl would improve their skills and confidence.

- 66 Probably if there was more guidance for us as students in terms of how to use it properly and to our advantage - maybe this could be delivered similar to how referencing and essay writing help is provided in university libraries! GENDER UNDISCLOSED, 20, VICTORIA
- 66 Classes which recommend using Al should have a section for those who are unfamiliar with its usage. WOMAN, 22, NEW SOUTH WALES
- 66 Perhaps guides [directly available through] the Al tool websites, or a lesson in school dedicated to navigating Al. NON-BINARY, 16, NEW SOUTH WALES

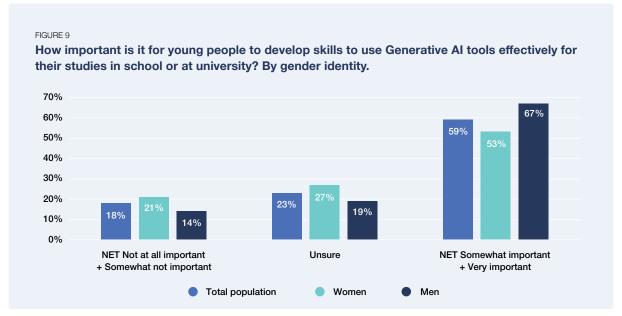
3. Understanding reliability, bias, and information sources

Some Gen Zs are concerned about the accuracy, trustworthiness, and transparency of GenAl outputs. Gaining clarity around these aspects would make them feel more confident using the tools.

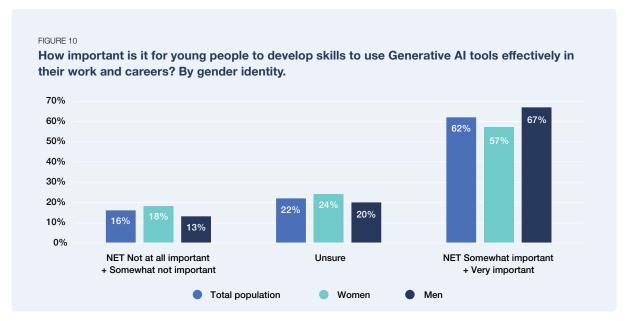
- 66 [A lot of the] information that it provides is not legit, the links and references never work. WOMAN, 26. NEW SOUTH WALES
- 66 I would need to believe that AI is reliable and provides true information to feel more confident. WOMAN, 19, VICTORIA
- 66 I just don't trust it, and where it gets its knowledge from, whether it is stealing data or if it's intelligence is actually true. WOMAN, 17, WESTERN AUSTRALIA

Future-proofing education and careers with GenAl

- Gen Zs believe it is important to develop their skills in using GenAl both in their studies and their careers.
- Around three in five (59%) say that it is important for young people to develop skills to use GenAl effectively for their studies at school or university. Here, men are more likely to feel this is important than women (67% vs 53% respectively). (Figure 9)
- When it comes to work and careers, three in five (62%) also say it is important to develop skills to use GenAl in their working lives. Here, no gender differences were identified. (Figure 10)
- These findings are a call to action for education providers across Australia to support students in their GenAl skills development while in school to futureproof their careers.



Base n=560

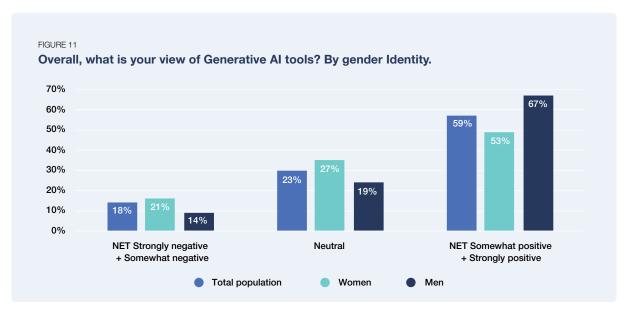


Perceptions of GenAl and its impact on Gen Z

Though most Gen
Zs have positive
perceptions of GenAl,
gender continues to
impact outlook, with
men more likely to
have a positive view
compared to women.

Overall views

- A majority of Gen Zs have a positive view of GenAl, with around three in five (57%) saying they have a somewhat positive or strongly positive outlook on the technology. (Figure 11)
- Gender identity continues to impact Gen Z's views and engagement with GenAl. Men are more likely to have a positive view on GenAl than women (67% vs 49%), while women are more likely to either have a negative view (16%) or to be unsure overall (35%).
- Gen Zs with a strongly positive outlook on GenAl primarily feel positive due to its ability to facilitate and support learning and productivity. In contrast, strongly negative outlooks are primarily driven by concerns about an overreliance on the tools, job losses, plagiarism, deepfakes, and GenAl's negative impact on the creative sectors.



Gen Zs share their positive and negative views of GenAl

Positive

- 66 I think that Generative AI is the future and if used correctly can be a very useful tool in many industries. WOMAN, 19, QUEENSLAND
- It's easier for me to understand than just Googling. I can get it to explain things to me in a way I understand. MAN, 26, NEW **SOUTH WALES**
- 66 Al is very helpful with many things like coding and explaining difficult concepts; it is more help than hindrance to society as Al use can be easily detected. MAN, 14, NEW SOUTH WALES
- Mowadays, Al has been a huge part of our life. I'm not saying students should use AI to do all their assignments, but it's necessary for students/workers to know how to use Al tools due to the technology development. WOMAN, 22, SOUTH AUSTRALIA
- 66 I use AI mostly for uni study and my sister using it for high school study. If you're using it to cheat it's not ok, but it is extremely helpful for helping you study. Unfortunately, teachers are busy and or some teachers just are not fantastic at teaching and that's where AI comes in to help aid us in learning. WOMAN, 25, NEW **SOUTH WALES**
- 66 It helps us be more productive and save time. I'm worried that sudden changes in the tools, or the pricing plans might affect productivity. MAN, 21, NEW SOUTH WALES
- 66 It can cut out some repetitive work and help find relevant information faster. It can be a good check for your work. WOMAN, 16, QUEENSLAND
- 66 Although it depends on how it is used, I believe that AI can be a convenient, easy way of learning, or getting feedback. WOMAN, 16, VICTORIA

Negative

- It steals from other's work to create a soulless, non-human piece of media. It can be a shortcut with questionable quality or it can look so real it can lead to misinformation. MAN. 24. VICTORIA
- It is not ethical to steal people's work to train these models, and until generative Als can be created with the express permission of all people who contributed to their training data they are not ethical to use. I am also concerned at their use to remove creativity in jobs. GENDER UNDISCLOSED, 17, NEW SOUTH WALES
- 66 I believe that although generative AI can be helpful in sparking ideas and giving useful information in an easy and concise way, there is far too high a reliance on these tools. WOMAN, 16, NEW SOUTH WALES
- **16** There is no purpose for it to exist besides being a tech fad. It does nothing but encourage laziness, prevent opportunity for developing critical thinking and independence, invite legal trouble and cause environmental damage. It has been particularly damaging towards creative industries, not because of its abilities but because it is cheaper than hiring people. Users and those who support Generative AI have no foresight. NON-BINARY, 21. NEW SOUTH WALES
- Not excited about it and am worried about jobs, education etc, and just how much Al will affect that and more in the future. WOMAN, 14, VICTORIA
- I hate GenAl because it takes away jobs from creatives. People do not value creative people's work and time and effort that they have put into honing a craft. GENDER UNDISCLOSED, 22, VICTORIA
- There are a lot of issues associated with Al including plagiarism, scams and deepfakes, environmental degradation, and information inaccuracy. WOMAN, 25, NEW SOUTH WALES

GenAl advantages

Gen Zs rate convenience (65%), productivity, efficiency and timesaving (64%), access to information (60%), and self-learning and skills development (53%) as the top advantages and benefits of GenAl tools. (Figure 12)

FIGURE 12

To you, what do you think are the main advantages or benefits of Generative AI tools?

Convenience



Improved productivity / efficiency / timesaving

Access to information

Self-learning / Skills development



Language accessibility (help with writing, translation, communication etc.)



Knowledge creation

Cost-effectiveness

Creativity (creating art, music, images etc.)



Personalisation of technology



Jobs creation



I do not think there are any advantages/benefits

GenAl disadvantages

- Gen Z are most concerned about cheating and plagiarism (67%), misinformation and disinformation (60%), lack of originality (54%), and dependence on the tools (52%). (Figure 13)
- Compared to men, women are more likely to be concerned about cheating/plagiarism (72% vs 59%), misinformation/disinformation (67% vs 50%), lack of originality (62% vs 45%), dependence on the tools (60% vs 40%), negative impact on creatives (55% vs 45%), and lack of learning (52% vs 35%).
- Though cheating with the use of GenAl is an area of high concern for Gen Zs, our data shows that students are unlikely to cheat using GenAl tools. While they do use GenAl tools to support their school or university work (for example, to brainstorm, to explain or clarify subject concepts, and for information searches), they do not use it to plagiarise. These concerns may be driven by 2023 media and public discussions of young people's use of GenAl in education that largely focused on cheating, as well as the previous bans of GenAl tools in schools across most states and territories in Australia.1

What do you think are the main disadvantages or drawbacks of Generative AI tools?

Cheating / plagiarism Misinformation / disinformation



Lack of originality

Dependence on the tools



Negative impact on creatives (such as stolen work from

artists, musicians, writers etc.)

Deepfakes

Job losses / displacement Lack of learning



Biased information



Environmental impact

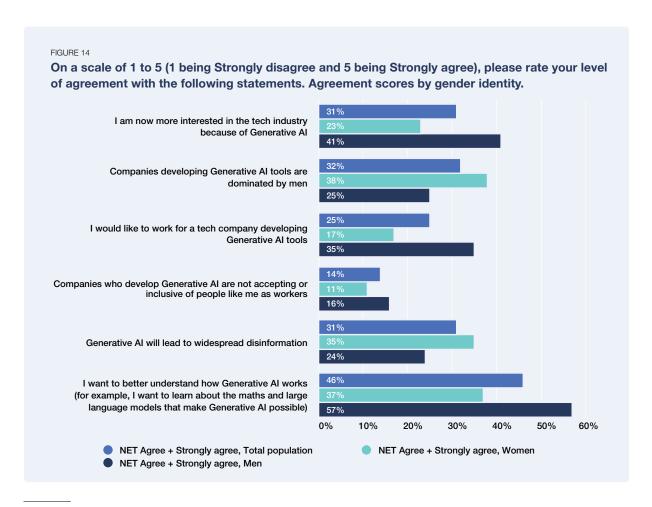
I do not think there are any disadvantages / drawbacks

¹ Denejkina, A. (2023). Young people's perception and use of Generative AI. YouthInsight, Student Edge. https://youthinsight.com.au/generative-ai-gen-z-perception-use/

The GenAl industry and gender equality

- Significant gender differences are observed when Gen Zs are asked about their perceptions of GenAl as an industry, with men more likely to have overall positive views compared to women. (Figure 14)
- Women are more likely to feel that tech companies which develop GenAl are dominated by men (38% vs 25% respectively).
- Men are significantly more likely than women to be interested in working in the tech industry as a result of GenAl (41% vs 23% women) and to want to work for a tech company developing GenAl tools (35% vs 17% women).
- Only a minority of both men and women say that companies that develop GenAl are not accepting or inclusive of people like them as workers (just 14%). However, the majority of Gen Zs are unsure about this overall (53%), while a third (33%) disagree with this statement.

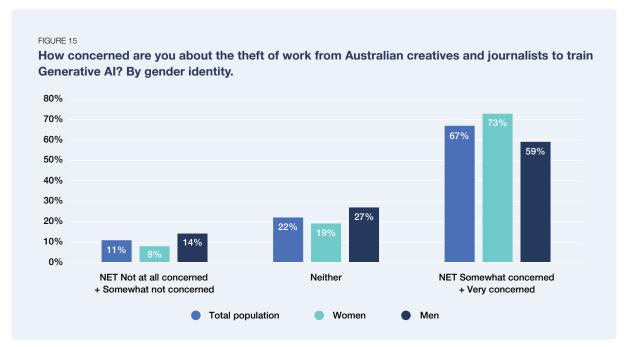
- Though less than a third (31%) of Gen Zs are concerned about GenAl's impact on the spread of disinformation, concerns are again higher for women than men (35% vs 24% respectively).
- In terms of the practicalities of learning more about GenAl, men are significantly more likely to want to better understand how the technology works compared to women (57% vs 37% respectively). This outcome reflects an existing pattern of gender disparity observed in STEM education and work in Australia, where young women make up only one quarter of year 12 enrolments in information technology, physics, and engineering subjects, and women make up 37% of enrolments in university STEM courses and just 15% of all people working in STEM jobs.²



² Department of Industry, Science and Resources (2024). The state of STEM gender equity in 2024. https://www.industry.gov.au/news/state-stem-gender-equity-2024

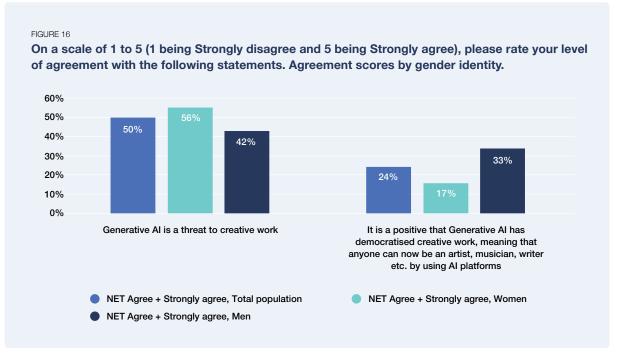
Gen Z views on GenAl's impact on creative work

- Gen Z has serious concerns about the impact of GenAl on creative work and creative workers.
- Almost seven in 10 (67%) Gen Zs are concerned about the theft of work from Australian creatives and journalists to train GenAl. Women hold significantly higher levels of concern overall (73% vs 59% of men).
- Gender differences continue to be significant when Gen Zs are asked if GenAl is a threat to creative work. Here, almost three in five (56%) women agree compared to just two in five (42%) men. (Figure 16)
- When asked whether it is positive that GenAl has democratised creative work (meaning that anyone can now be an artist, musician, writer etc, by using Al platforms), around a quarter (24%) of all Gen Zs agree with this statement. However, this agreement is driven by men. One third (33%) of men say that it is positive that GenAl has democratised creative work (33%), compared to just 17% of women. (Figure 16)
- Data from Creative Australia and the Department of Education may explain these gender differences and why women hold significantly higher concerns about the impact of GenAl on the creative industry. 2024 data shows that women now outnumber men two to one across the artistic workforce (65% women, up from 51% in 2016, vs 35% men).3 These proportions are unlike the Australian workforce as a whole. which has a larger proportion of men. Further, when it comes to tertiary study, women also outnumber men almost two to one in Creative Arts awards completions. In 2023, women made up 65% of Creative Arts Award Course completions compared to 35% men.4



³ Creative Australia (2024). Artists as workers: A summary and response by Creative Australia. https://creative.gov.au/sites/creative-australia/files/documents/2025-03/3654 Creative-Australia_Companion-Report_V6_0.pdf

⁴ Australian Government, Department of Education (2024). Selected Higher Education Statistics – 2023 Student data. https://www.education.gov.au/higher-educationstatistics/student-data/selected-higher-education-statistics-2023-student-data





GenAl and distribution of deepfakes

To find out how concerned Gen Zs are about the impact of GenAl on the creation and distribution of deepfakes, we gave them the following definition to ensure that all respondents understood the basic definition of deepfakes:

A deepfake is a fake video generated by artificial intelligence (Al). Deepfake videos can use the likeness of politicians, celebrities, and everyday people to make them appear to say or do things they've never really said or done. Created through the use of artificial intelligence, they allow individuals to create fake videos of politicians, celebrities and everyday people which may be indistinguishable from real content. Below are two examples of what deepfakes can be used for:

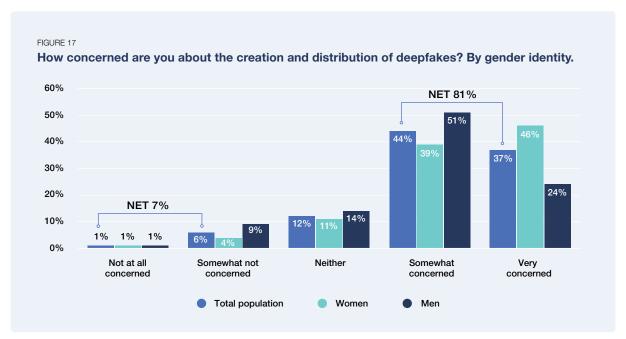
- 1. A fake video that appears to show a relative asking for money to help them in an emergency, thereby scamming family members.
- 2. A fake video of a world leader saying something untrue and controversial that could threaten elections or incite violence.

Overall, there is significant concern about the creation and distribution of deepfakes among Gen Zs. (Figure 17)

With four in five Gen Zs concerned (NET 81%, including 85% women and 76% men), women are significantly more likely to have higher levels of concern compared to men (46% of women are very concerned, compared to 24% of men).

In an age comparison, Gen Zs who are 18- to 21-yearolds are most likely to be very concerned overall (50%).

Concerns from Gen Zs and women in particular are not unfounded. In 2019, researchers found that 96% of deepfakes were non-consensual sexual deepfakes, a phenomenon the researchers found to exclusively target and harm women.5



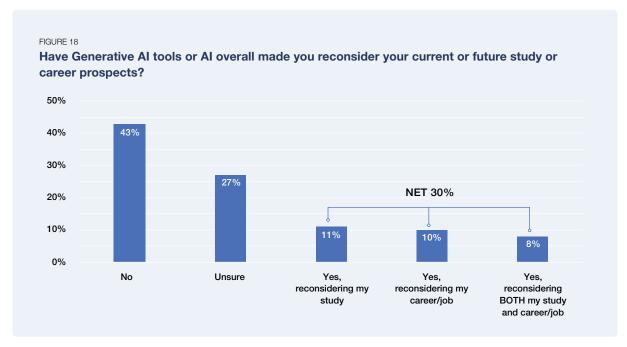
⁵ Ajder H, Patrini G, Cavalli F, et al. (2019). The State of Deepfakes: Landscape, Threats, and Impact. Amsterdam: Deeptrace. https://regmedia.co.uk/2019/10/08/deepfake_

The impact of GenAl on future careers

Almost one in three (30%) Gen Zs say that the impact of GenAl has led them to reconsider their current or future study and career prospects.

Why Gen Zs are reconsidering their future study and careers

- While most Gen Zs have not reconsidered their current or future study or career prospects as a result of GenAl tools (43%), around one third (30%) has, suggesting this is a growing concern in the younger generation about their future and careers. (Figure 18)
- Gen Zs are mainly reconsidering their study and career pathways due to fear of job displacement. They are thinking about pivoting into technology or a pathway that is more protected from the impact of GenAl to future proof their careers. Gen Zs interested in creative industries are especially concerned about GenAl's negative impact, particularly the theft of creative work and the harm it causes to both the industry and its workers. Many believe it is seriously undermining the entire creative sector.
- Men are more likely to reconsider their study or career prospects as a result of GenAl than women (38% vs 23% respectively).



Gen Zs share how GenAl is reshaping their study and career pathways

- Gareers like web designing and arts will be taken over by AI in the future. And due to this my pathway is leaning towards medicine. MAN, 24, NEW SOUTH WALES
- I am considering studying to understand the online platform [AI] now as that is the way the world is going. WOMAN, 27, QUEENSLAND
- These Al tools will reduce the need of electronic/technical jobs, therefore [I'm] readjusting my career path into one [that is] harder to replace, like [a] doctor or vet would be what I strive for. MAN, 15, NEW SOUTH WALES
- Mass layoffs in the creative industry have strongly discouraged me from pursuing my dream career. NON-BINARY, 21, NEW SOUTH WALES
- I wanted to originally study languages in university but I realised that field will soon be dominated by AI so I opted to study psychology which has more growth opportunities in the future. WOMAN, 20, AUSTRALIAN CAPITAL TERRITORY
- I am a creative and have wanted to go to art/ animation school since I was young, but the industry is getting destroyed by Al. I don't know what to do anymore, any other job just doesn't feel right for me. MAN, 16, NEW SOUTH WALES
- 66 Al has turned me away from pursuing potential career options or interests I had, e.g. actuary, general practitioner, art. I have instead decided to focus on a more sciencebased career (not a career pathway that is particularly threatened by AI), and have taken steps in choosing science related subjects to study. WOMAN, 16, VICTORIA

- 66 I feel this is the way of the future so I want to ensure that my job is utilising this as I don't want to find I need to restudy again as my skills become obsolete. MAN, 25, SOUTH **AUSTRALIA**
- Might work in Al now, looks interesting. Might not work in many things that could be automated, like factory work or driving. MAN, 15, NEW SOUTH WALES
- 66 Is it even worth it if it will just be replaced by Al one day? Trying to find something with a secure future is nearly impossible. WOMAN, 27, WESTERN AUSTRALIA
- I realise that there is a significant shift in industry jobs in fields such as technology and engineering than other industries. This is why I would study these fields which are mostly irreplaceable. MAN, 16, NEW SOUTH WALES
- I have decided that I would like to work in the tech industry as I find this kind of stuff extremely interesting. I believe that the rise of Al has made low paying jobs less appealing and more of an urge to go into a challenging high paying career. WOMAN, 16, NEW SOUTH
- While it has made me reconsider I'm still choosing to stay in the same field (law and commerce), however, I'm going to try broaden my options and abilities so I can ensure AI doesn't take over my future job. WOMAN, 16, VICTORIA
- **66** As someone who is studying to become a writer/journalist, I am worried that corporations will simply switch to Al and ignore the downsides, leaving me unable to find a job. I have no idea about alternative pathways. WOMAN, 19, NEW SOUTH WALES

Notes on interpreting this report

This report focuses on young Australians aged 14 to 27. They are known as Generation Z, or Gen Z, which is broadly defined as those born between 1997 and 2012.

Any significant differences in demographic attributes are noted throughout the report. Where demographic variances are not noted, they were not significant.

Gender differences are reported for men and women only. The number of non-binary and gender diverse participants (n=8) was too small to allow for reliable subgroup analysis or meaningful reporting.

The base note included below each figure (chart) represents the population sample size, i.e. the number of respondents who answered the relevant question.

Data shown in charts and tables are rounded to the nearest whole number.

The data were RIM weighted for age, gender, and location to align with the ABS national population distribution. The design effect of these weights was 1.07, providing an effective sample size of 523.

Based on an effective sample size of n=523, there is a $\sim \pm 4.2\%$ margin of error at a 95% confidence level. This indicates a high degree of precision and reliability in the results.

Caution is needed in interpreting data with small base sizes of n=50 and under.

FDR adjustment (multiple comparison correction) has been used in the analysis where several statistical tests were performed simultaneously to prevent Type 1 errors.

Where percentages are reported as a NET, this means two or more variables in a single question have been combined (e.g. agree and strongly agree in a Likert scale question).

Quotes have been edited for length and/or clarity.

